

'intheknow'

education + networking sessions

WESTSHORE COMMUNITY SITE



'in the know' is a monthly networking and information sharing session that explores topics related to child and youth mental health and substance use challenges for families and those working with young people and families.

Participate in person at a community site near you or view a webinar from our library online anytime.

For more information and other topics go to
www.familysmart.ca/in-the-know



'in the know' webinars and
guest speaker presentations
are free of charge.

all are welcome!

**Military Family Resource Center-
Winnipeg Room,
2610 Rosebank Rd, Victoria**



“Social Media & Video Gaming: How it affects our Kids”

**Monday, October 22, 2018
6:30pm – 8:30pm**

**Please RSVP by phone or email to:
lisa.tate@familysmart.ca / 1.855.887.8004**